

Detox and Raw Food Retreats in Greyton

24 -29 November 2015

6 - 11 December 2015



2 Day Detox on Juices and Broth

3 Day Raw Food/Plant -food immersion

Yoga & Qi Gong walking & swimming

Holistic wellbeing lectures

Raw Food preparation tuition

Massage/Treatments at extra cost

All in a beautiful transformational setting close to a Nature Reserve in a charming Cob House with cottages and natural swimming pool.

From R4995 per person sharing. You will return home renewed, rejuvenated, inspired and refreshed with new skills, tools and the inner knowledge to continue your wellbeing journey.

The style of the accommodation is luxury, chic with a Paris Antique feel. We will be a small group of max 6 - if you would like more information or reserve your space please contact

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